

All you need to know about coverage changes

What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall semester (enrolments and opt outs):
Sept. 7 – 28, 2021

Winter semester (enrolments and opt outs for new students only):
Jan. 3 – 31, 2022

Family enrolments

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

+1 Add one dependant for
\$293.39
for full-year coverage*

∞ Add unlimited dependants for
\$488.98
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 for new Winter semester students are available online.

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca.
2. Upload proof of your alternative health and dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Receive a credit to your student account shortly after the Change-of-Coverage Period.

The ease of claiming at your fingertips

Search **Studentcare mobile** on the **App Store** or **Google Play**, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

Save more money!

- **Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of the health-care practitioner you choose.
- **Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Exclusive savings from Network Partners

Specsavers
Only \$69
for select prescription eyeglass models (frames and lenses)
\$50
eye exams

LASIK MD
\$50 off
per eye on Standard LASIK*
\$100 off
per eye on Custom LASIK*
*Certain conditions apply.

clearly
With coupon code **STUDENT21**:
10% off
contact lenses
25% off
eyeglass frames (excluding certain brands)*
*Certain conditions apply.

Rexall
Savings of up to 50% (max \$40) on your out-of-pocket costs*
20% off select regularly priced Rexall brand non-prescription products*
*Certain conditions apply.

PSYVITALITĪ
Preferred rates on 50-minute adult therapy or coaching sessions

QUESTIONS?
WWW.STUDENTCARE.CA

VIRTUAL HEALTH CARE
Most full-time students who are SUS members and who begin their studies in the Fall or Winter semester can connect with nurses and physicians via a mobile or web app from anywhere in Canada.
Find out more at www.dialogue.co/signup-studentcare
Provided by Dialogue

WELL-BEING RESOURCES: EMPOWER ME
A confidential support service available 24/7 to students covered by the SUS Plan.
Visit www.studentcare.ca for more info. **1-833-628-5589**
Powered by Optima Global Health

and more!
Dentists, physiotherapists, and chiropractors

LIVE CHAT AND WEB REQUEST FORM AVAILABLE



2021-2022

Your SUS Student Health & Dental Plan

Make the most out of it

Group Numbers

Health, vision, and dental: **Q1110** (Desjardins)
Travel: **97180** (Blue Cross)

All you need to know about your Plan

What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your Student Union Society (SUS), and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

UFV students automatically covered by the SUS Health & Dental Plan:

Most full-time students* who are Student Union Society (SUS) members and who begin their studies in the Fall or Winter semester

This includes:

- TASK students
- Graduate students registered for at least 6 credits

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees (code SHDF on your tuition statement).

Part-time students may be eligible to enrol themselves in the Plan.

*Students who identify as having a disability are recognized by the university as full-time students at 6 credits and are eligible to enrol themselves in the Plan at the full-time student rate.

Find out more at www.studentcare.ca.

How much does it cost?

Health & Dental Plan Combined

Annual Fee

\$195.59

Full-year coverage

Full-Year Fee (Sept. - Aug.)

\$195.59

Coverage for new Winter semester students

Winter 2022 Fee (Jan. - Aug.)

\$130.39

If you're eligible, the Plan fee for coverage from Sept. 1 - Aug. 31 (or from Jan. 1 - Aug. 31 for new Winter semester students) will be automatically included in your tuition and other fees. New Winter semester students pay a pro-rated fee for coverage until Aug. 31. Find more details online.

What are my Group Numbers?

Health, vision, and dental:
Q1110 (insured by Desjardins Insurance)

Travel:
97180 (administered by Blue Cross Life Insurance Company of Canada)

Health & Dental Plan benefits

Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs*	Up to 80%	∞
Vaccinations	See www.studentcare.ca for coverage details.	
Psychologist/Registered Clinical Counsellor/Social Worker	80%	\$500
Massage Therapist <small>Requires a referral from an MD</small>	\$40	\$400
Chiropractor <small>Includes one x-ray per policy year</small>	\$40	\$400
Physiotherapist	\$40	\$400
Naturopath	\$40	\$400
Osteopath <small>Includes one x-ray per policy year</small>	\$40	\$400
Registered Dietitian <small>Requires a referral from an MD</small>	\$40	\$400
Podiatrist/Chiropodist <small>Includes one x-ray per policy year</small>	\$40	\$400
Speech Therapist	\$40	\$400
Athletic Therapist	\$40	\$400

PLUS: Diagnostic services, home nurse, tutorial benefit, ambulance, dental accident, medical equipment, and more

*Plan members covered by BC MSP must register for BC Fair PharmaCare, a provincial drug program, to maximize overall drug coverage and ensure their claims won't be interrupted once they reach the student Plan drug claims threshold. Find instructions and your threshold amount at www.studentcare.ca.

Vision Up to \$300

	Amount Covered	Eligible Every
Eye Exam	\$50	2 policy years
Eyeglasses and Contact Lenses	\$100	24 months
Laser Eye Surgery	\$150	1 policy year

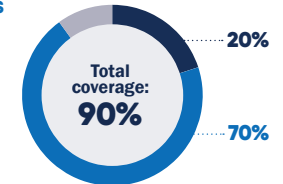
Check online for updates related to COVID-19.

Dental Up to \$750

● Insured portion ● Studentcare Dental Network savings

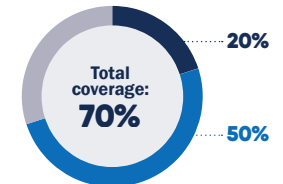
Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom teeth extractions



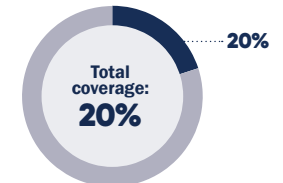
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad <small>Includes coverage for the duration of a student exchange/internship</small>	120 days	per trip
Medical Incident <small>In case of a medical emergency</small>	\$5,000,000	per lifetime
Trip Cancellation <small>Pre-paid, non-refundable trip expenses in case of a medical emergency</small>	\$1,500	per trip
Trip Interruption <small>In case of a medical emergency</small>	\$5,000	per trip

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