

All you need to know about coverage changes

What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall Term (enrolments and opt outs):
Sept. 7 – 30, 2021

Winter Term (enrolments and opt outs for new undergraduate students and MBA students only): Jan. 3 – 31, 2022

Family enrolments

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add one dependant for
\$308.88
for full-year coverage (Sept. – Aug.)*



Add unlimited dependants for
\$617.76
for full-year coverage (Sept. – Aug.)*

**Family enrolment fees for coverage from Jan. 1 – Dec. 31, 2022 (for MBA students) and from Jan. 1 – Aug. 31, 2022 (for new Winter Term undergraduate students) are available online.*

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety.
2. Upload proof of your alternative health and/or dental coverage (such as a summary of plan benefits or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Once you've fully completed your opt out, look for the fee to be removed from your student account shortly after the Change-of-Coverage Period.

The ease of claiming at your fingertips

Search **Studentcare mobile** on the **App Store** or **Google Play**, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

Save more money!

- **Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of the licensed health-care practitioner you choose.
- **Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Exclusive savings from Network Partners



\$50 off
per eye on Standard LASIK*

\$100 off
per eye on Custom LASIK*

*Certain conditions apply.



With coupon code **STUDENT21**:

10% off
contact lenses

25% off
eyeglass frames
(excluding certain brands)*

*Certain conditions apply.

Independent vision specialists

30% off
prescription eyeglasses,
up to \$75

Discounts on eye exams
and contact lenses



Preferred rates on
50-minute adult therapy
or coaching sessions

and more!

Dentists, physiotherapists,
and chiropractors

WELL-BEING RESOURCES: EMPOWER ME

A confidential support service available 24/7 to eligible undergraduate and MBA students at Queen's University.

Visit www.studentcare.ca for more info. 1-833-628-5589

Powered by Optima Global Health

NEW! VIRTUAL HEALTH CARE

Students covered by the AMS Health Plan can connect with nurses and physicians via a mobile or web app from anywhere in Canada.

Find out more at www.dialogue.co/signup-studentcare

Provided by Dialogue

QUESTIONS?
WWW.STUDENTCARE.CA



LIVE CHAT AND
WEB REQUEST FORM
AVAILABLE



Alma Mater Society



2021-2022

Your AMS Student Health & Dental Plan

Make the most out of it

Group Numbers

Health, vision, and dental: **22275** (Sunlife)
Travel: **97180** (Blue Cross)

All you need to know about your Plan

What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your Alma Mater Society and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

Students automatically covered by the AMS Health & Dental Plan (as long as they have a provincial health plan or an OHIP-equivalent plan and are under the age of 65):

- Full-time on-campus AMS-affiliated undergraduate students who are enrolled at Queen's starting in the Fall or Winter Term (including full-time international students paying Queen's fees and UHIP)
- Off-campus first-year BISC students
- MBA students (automatically covered from Jan. 1 – Dec. 31, 2022)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Students who may be eligible to enrol themselves in the Plan:

- Part-time on-campus AMS-affiliated undergraduate students who are enrolled at Queen's starting in the Fall or Winter Term
- Incoming exchange students who pay fees to their home university
- Students on internship with the Queen's University Internship Program

Find more details and self-enrolment instructions at www.studentcare.ca.

Please note: COVID-19 restrictions may impact Plan eligibility and billing procedures. Check online for updates and further details.

How much does it cost?

Undergraduate students



Sept. - Aug. Fee

Health Plan
\$149.19
Dental Plan
\$159.69

Jan. - Aug. Fee
(New Winter Term students only)

Health Plan
\$99.46
Dental Plan
\$106.46

MBA students



Jan. - Dec. Fee

Health Plan
\$149.19
Dental Plan
\$159.69

If you're eligible, the Plan fee for coverage from Sept. 1 – Aug. 31 (or from Jan. 1 – Dec. 31 for MBA students) will be automatically included in your tuition and other fees. New Winter Term undergraduate students pay for coverage until Aug. 31. Find more details online.

What are my Group Numbers?

Health, vision, and dental: **22275** (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Travel: **97180** (administered by Blue Cross Life Insurance Company of Canada)

Health & Dental Plan benefits



Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs and Vaccinations The dispensing fee is limited to \$7 per prescription or refill.	80%	NEW! \$5,000
Psychologist	100%	\$1,000
Massage Therapist	60%	\$400
Chiropractor	60%	\$400
Physiotherapist	60%	\$400
Naturopath	60%	\$400
Osteopath	60%	\$400
Registered Dietitian	60%	\$400
Podiatrist/Chiropodist	60%	\$400
Speech Therapist	60%	\$400
Athletic Therapist	60%	\$400

PLUS: Diagnostic services, tutorial benefit

Accident Only: Hospitalization, home nurse, ambulance, dental accident, medical equipment, and more



Vision Over \$350

	Amount Covered	Eligible Every
Eye Exam	\$75	2 policy years
Eyeglasses and Contact Lenses	\$150	24 months
Laser Eye Surgery	\$150	1 policy year



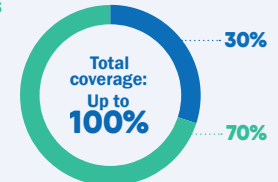
Dental Up to \$750

● Insured portion

● Studentcare Dental Network savings

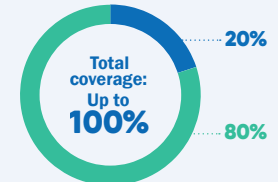
Preventive Services

- Recall exams
- Cleanings



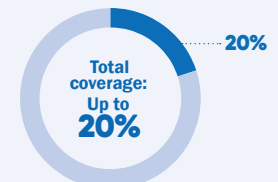
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)
- Extractions



Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	120 days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

QUESTIONS?
WWW.STUDENTCARE.CA

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