

All you need to know about coverage changes

What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall Term (enrolments and opt outs):
Sept. 1 – 23, 2021

Winter Term (enrolments and opt outs for new students only):
Jan. 3 – 24, 2022

Spring Term (enrolments* for new students only):
May 9 – 24, 2022

*Spring Term billing procedures may be subject to change. Please check www.studentcare.ca for updates.

Family enrolments

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

+1 Add one dependant for **\$500.36** for full-year coverage*

∞ Add unlimited dependants for **\$1,000.72** for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 for new Winter Term students and from May 1 to Aug. 31, 2022 for new Spring Term students are available online.

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety.
2. Upload proof of your alternative health and/or dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Receive a credit to your student account shortly after the Change-of-Coverage Period.

The ease of claiming at your fingertips

Search **Studentcare mobile** on the **App Store** or **Google Play**, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

Save more money!

- **Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of the health-care practitioner you choose.
- **Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Exclusive savings from Network Partners

LASIK MD
VISION

\$50 off per eye on Standard LASIK*

\$100 off per eye on Custom LASIK*

*Certain conditions apply.

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

Rexall

20% off select regularly priced Rexall brand non-prescription products*

*Certain conditions apply.

QUESTIONS?
WWW.STUDENTCARE.CA

Independent vision specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

clearly

With coupon code **STUDENT21**:

10% off contact lenses

25% off eyeglass frames (excluding certain brands)*

*Certain conditions apply.

and more!

Dentists, physiotherapists, massage therapists, and chiropractors

Care Office
6-14 SUB, Sixth Floor
Office hours may vary due to COVID-19.
Check online for updates.



2021-2022

Your GSA Student Health & Dental Plan

Make the most out of it

Group Numbers

Health, vision, and dental: **Q1106** (Desjardins)
Travel: **97180** (Blue Cross)

All you need to know about your Plan

What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your students' association, the GSA, and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

Students automatically covered by the GSA Health & Dental Plan:

Graduate students registered full-time (for at least 9 graduate credits) in the Fall or Winter Term, including:

- Eligible international students
- Fort McMurray MBA program students

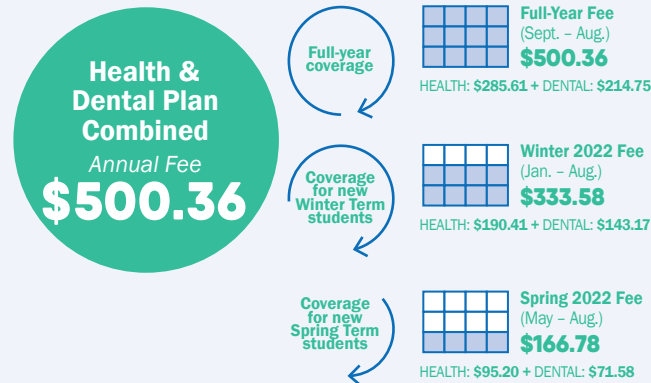
Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Students who may be eligible to enrol themselves in the Plan:

- Part-time students
- EMBA program students
- New Spring Term students

Find out more at www.studentcare.ca.

How much does it cost?



If you're eligible, the Plan fee for coverage from Sept. 1 – Aug. 31 (or from Jan. 1 – Aug. 31 for new Winter Term students) will be automatically included in your tuition and other fees. New Winter Term students, as well as new students who enrol themselves in the Plan in the Spring Term, pay a pro-rated fee for coverage until Aug. 31. Please note that Spring Term billing procedures may be subject to change. Find more details online.

What are my Group Numbers?

Health, vision, and dental: **Q1106** (insured by Desjardins Insurance)

Travel: **97180** (administered by Blue Cross Life Insurance Company of Canada)

Health & Dental Plan benefits

Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs	Up to 80%	\$10,000
Vaccinations	100%	\$150
Psychologist/Master's in Social Work/ Registered Clinical Social Worker	80%	\$600
Massage Therapist Requires a referral from an MD	\$30	\$500
Acupuncturist	\$30	\$500
Chiropractor Includes one x-ray per policy year	\$30	\$500
Physiotherapist	\$30	\$500
Naturopath	\$30	\$500
Osteopath Includes one x-ray per policy year	\$30	\$500
Podiatrist/Chiropodist Includes one x-ray per policy year	\$30	\$500
Registered Dietitian Requires a referral from an MD	\$30	\$500
Speech Therapist	\$30	\$500
Occupational Therapist	\$30	\$500
Athletic Therapist	\$30	\$500

PLUS: Diagnostic services, hospitalization, home nurse, ambulance, dental accident, medical equipment, and more

Vision Over \$400

	Amount Covered	Eligible Every
Eye Exam	\$70	2 policy years
Eyeglasses and Contact Lenses	\$200	24 months
Laser Eye Surgery	\$150	1 policy year

Check online for updates related to COVID-19.

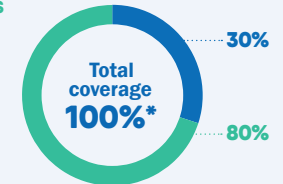
Dental Up to \$650

- Insured portion
- Studentcare Dental Network savings

Preventive Services

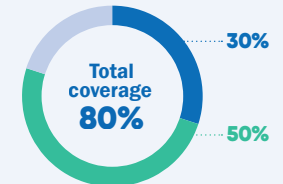
- Recall exams
- Cleanings
- Impacted wisdom teeth extractions

*Total coverage cannot exceed 100%.



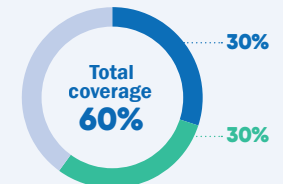
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	120 days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

QUESTIONS?
WWW.STUDENTCARE.CA

LIVE CHAT AND
WEB REQUEST FORM
AVAILABLE