The most popular coverage on campus

As an eligible student, you’re automatically covered by one of the most important services on campus, the UMSU Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 6 credit hours in the Fall Term
- New Winter Term undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 9 credit hours in the Winter Term
- Full-time graduate students who are UMega members

Certain exceptions exist. Please check your student account to confirm if you’ve been charged the Plan fees. See [www.studentcare.ca](http://www.studentcare.ca) for more details.

Client/Group Numbers

Health, vision, and dental: 7654
(carrier: Manitoba Blue Cross)

Travel: 97180
(underwritten by Blue Cross Life Insurance Company of Canada and administered by Manitoba Blue Cross)

Questions?
Contact Us

Scan the QR code for more details about your Plan.
[www.studentcare.ca](http://www.studentcare.ca)

Exclusive Savings from Studentcare Network Partners

- Your Plan Coverage
  You’re covered for the insured portion of your Plan regardless of the approved health-care practitioner you choose.

Example of a claim made using a Studentcare Dental Network practitioner:

<table>
<thead>
<tr>
<th>Service</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health</td>
<td>80% + 20%</td>
</tr>
<tr>
<td>Vision</td>
<td>100%</td>
</tr>
</tbody>
</table>

Save More with Network Members

- LASIK MD
  - $100 off Standard LASIK* ($50 off per eye)
  - $200 off Custom LASIK* ($100 off per eye)
  - *Certain conditions apply.

- Rexall
  - 10% off prescription drugs (max $40)*
  - 20% off select regularly priced Rexall brand non-prescription products*
  - *Certain conditions apply.

- clearMD
  - 25% off eyeglass frames (excluding certain brands)*
  - *Certain conditions apply.

- Console
  - Mental Health Resources**
  - Access counselling, self-directed therapy, 24/7 crisis support, and other wellness resources on mobile or the web.

- Legal Essentials**
  - A consultation service for all your legal questions, and legal representation in eligible areas of law

- **For eligibility details, visit [www.studentcare.ca](http://www.studentcare.ca).

Our Environmental Commitment on Paper

This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.

[www.fsc.org](http://www.fsc.org)

Legal Essentials**

A consultation service for all your legal questions, and legal representation in eligible areas of law

For eligibility details, visit [www.studentcare.ca](http://www.studentcare.ca).

**NEW!**

Scan the QR code for more details about your Plan.
[www.studentcare.ca](http://www.studentcare.ca)

With coupon code STUDENT22:

- 10% off contact lenses
- 25% off eyeglass frames (excluding certain brands)*
  - *Certain conditions apply.

Discover more partners online:

- Dentists, physiotherapists, massage therapists, and chiropractors

Make the most out of your student Plan

STUDENTCARE

2022-2023

Your UMSU Enhanced Care Student Health & Dental Plan
Providing Quality Coverage

Health Plan

Health Over $10,000
Prescription drugs
Vaccinations
Psychologists
Physiotherapists

Vision
Eye exam
Eyeglasses and contact lenses

Travel Plan
Care abroad
Up to $5,000,000

120 days per trip, up to $5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

Dental Plan

Dental Up to $$$  (maximum per policy year)
Preventive Services
• Recall exams
• Polishing

Restorative Services
• Fillings, extractions
• Oral surgery (note: not all surgeries are eligible)
• Periodontics (gum treatments)
• Bridge repairs
• Re-centering of bridges and crowns
• Scaling

Endodontics
• Root canals

Major Restorative
• Crowns
• Bridges
• Posts

Insured Portion
Studentcare Dental Network Savings

Basic Care Plan
Enhanced Care Plan

Basic: $500
Enhanced: $750

For a complete description of your coverage, visit www.studentcare.ca.

The Ease of Claiming at Your Fingertips
NEW! Submit claims quickly and easily on the go through Manitoba Blue Cross’s mybluecross® mobile app!

1. Online: Register to submit claims through Manitoba Blue Cross’s mybluecross web portal. See www.mb.bluecross.ca.
2. Mobile app: Download the mybluecross mobile app from the App Store or Google Play.

At a Great Price

Check it out!

Combined Annual Plan Fee (Sept. – Aug.)
Health: $175.00
Dental: $75.00

Combined Winter 2023 Plan Fee (Jan. – Aug.)
Health: $116.67
Dental: $113.33

Legal Essentials
Annual Fee
Winter 2023 Fee
$28.00
$18.67

Looking for a different level of coverage?
Try the Basic Care Plan for $245.00 or mix and match portions of the Enhanced Care and Basic Care Plans. See www.studentcare.ca for details.

If you’re eligible, the Enhanced Care Plan fee for coverage from Sept. 1 – Aug. 31 is $230.00. For new Winter Term students, it will automatically be included in your tuition and fees. Check studentcare.ca for more details.

Change-of-Coverage Periods

Fall Term: Aug. 25 – Sept. 22, 2022

For fall 2022: Graduate students now have a separate website and select UMGSA rather than UMSU in the student association search bar.

Introduce me to your family

Enrol loved ones for less
You can enrol your family (spouse and/or dependent children) in the Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

Add unlimited dependants for $517.50 for full-year coverage*.

* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2023 for new Winter Term students are available online.