

Exclusive savings from Alumo Network members*

Your Plan coverage

Alumo Networks

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Alumo Dental Network practitioner:

80%

+20%

Total coverage: 100%

Save more, spend less with Network members**

Rexall

up to 100%

on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

\$75 eye exams

including OCT Scan

20% off

contact lenses

Select range of eyeglass models from only \$69

Vancouver Alumo Vision Network

\$75 off

select prescription eyeglass models

\$75

eye exams

LASIK MD VISION

\$600 off

on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

and more!

Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

*Alumo and the insurers do not endorse or assume any responsibility with respect to the use of their services.
**Certain conditions apply.

An essential service for students

As an eligible student, you're automatically covered by one of the most important services on campus: the UVic GSS Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Graduate students enrolled in the Faculty of Graduate Studies who pay the GSS membership fee and who are registered in at least 3 units of on-campus classes in September or January are eligible for the Plan.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [alumo.ca](#) for more details.

PACIFIC BLUE CROSS

Pacific Blue Cross

P.O. Box 7000
Vancouver, BC
V6B 4E1
Health, vision, and dental, benefits are insured by Pacific Blue Cross.
Group number: 43222

GreenShield

GreenShield

8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Gender Affirmation Care medical coverage is insured by GreenShield.
Group number: GCY

securian CANADA

Securian Canada

1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or 1-514-904-4730
for travel claims
Group number: 97180 (travel)
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

Submit claims quickly and easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [alumo.ca](#) to learn about all the applicable conditions and exclusions.

Plan Support Office
Student Union Building, Room A102
3800 Finnerty Road (Ring Road)
Victoria, BC V8P 5C2

Visit the on-campus Plan Support Office or [alumo.ca](#) to ask questions about Plan coverage, help with enrolment, and more.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

UVIC-GSS/BRO/05-26

ALUMO



2026–2027

UVic GSS Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group/policy numbers

Health, vision, and dental:
43222 (Pacific Blue Cross)

Travel:
97180 (Securian Canada)

Gender Affirmation Care:
GCY (GreenShield)



For complete details on coverage, eligibility, and group/policy numbers, visit [alumo.ca](#).



Health Plan

Health
Over \$10,000



- Prescription drugs
- Ambulance
- Physiotherapists
- Psychologists, clinical counsellors, and more
- Registered dietitians
- Occupational therapists
- and more!

Vision
Up to \$300



- Eye exam
- Eyeglasses and contact lenses

Extra support when you need it

Mental Health & Wellness

Student Assistance Program

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details, see [alumo.ca](#).

Travel Plan

Travel
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Save more, spend less!

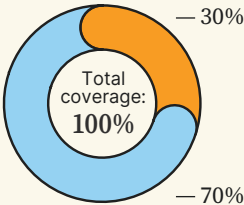
See an Alumo Network professional to get extra discounts on health services.

Dental Plan

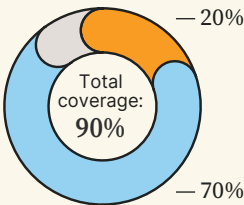
Dental
Up to \$850



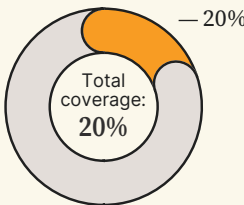
- Preventive services
- Recall exams
 - Polishings



- Basic services
- Fillings
 - Oral surgery



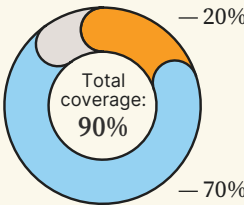
- Major restorative
- Crowns
 - Bridges
 - Posts



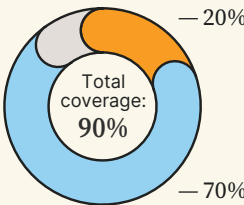
- Insured portion
- Alumo Dental Network Savings
- Portion not covered

- Recall exams
- Polishings
- Fillings
- Root canals
- and more!

Impacted wisdom tooth extractions



- Endodontics & periodontics
- Endodontics (root canals)
 - Periodontics (gum treatments)



Plan fees

Health & Dental Plan combined annual fee
\$767.24

Health Plan annual fee
\$479.17



Dental Plan annual fee
\$288.07



Winter 2027 Fee
\$511.48

Winter 2027 Fee (January-August)

Summer 2027 Fee
\$255.74

Summer 2027 Fee (May-August)

Change-of-Coverage & Opt-Out Periods

1st Term:
August 22 – September 22, 2026

2nd Term (new students only):
December 22, 2026 – January 22, 2027

3rd Term (new students only):
April 22 – May 22, 2027

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period, you can change your coverage, add coverage for your family, or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to opt themselves into the Plan. See [alumo.ca](#) for instructions.

Family add-on

You can add coverage for your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [alumo.ca](#) for instructions.

\$767.24
Add unlimited dependants for full-year coverage

*Family add-on fees for coverage from January 1 – August 31, 2027 for new 2nd Term students are available online.