

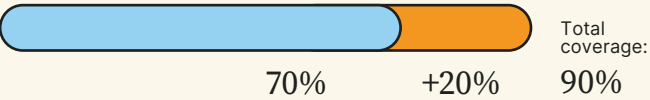
Exclusive savings from Alumo Network members*

- Your Plan coverage

Alumo Networks
- You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Alumo Dental Network practitioner:



Save more, spend less with Network members**

Rexall

up to 100%

on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

and more!
Dentists, physiotherapists, and massage therapists

LASIK MD

VISION

\$600 off

on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off

prescription eyeglasses, up to \$75

Discounts on contact lenses

*Alumo and the insurers do not endorse or assume any responsibility with respect to the use of their services.
**Certain conditions apply.

An essential service for students

As an eligible student, you're automatically covered by one of the most important services on campus: the USSU Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Undergraduate students who are registered for 9 or more on-campus credits in the Fall or Winter Term and who are USSU members are eligible, including:

- St. Thomas More College students
- Students enrolled in pre-professional programs
- Eligible international students
- Sponsored students
- Inbound exchange students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [alumo.ca](#) for more details.

Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-866-969-5949
Group number (health, vision, and dental): USS
Group number (travel): 97180
1-888-852-2419 or 1-514-904-4730 for travel claims

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit [alumo.ca](#). Please note that the Student Assistance Program is not an insurance product.

Submit claims quickly and easily

Register to submit claims online by downloading the Securian Canada Student Health Portal mobile app or by visiting [students-healthportal.securiancanada.ca](#).

Download the Securian Canada Student Health Portal mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [alumo.ca](#) to learn about all the applicable conditions and exclusions.

Plan Support Office
Main Level, Rm. 121
Place Riel Student Centre
1 Campus Drive
Saskatoon, SK S7N 5A3

OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

USSU/BRO/09-26

ALUMO

2026-2027

USSU Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group numbers

Health, vision, and dental: USS
Travel: 97180
(Securian Canada)

For complete details on coverage, eligibility, and group numbers, visit [alumo.ca](#).

Health Plan

Health
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision
Up to \$350



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Extra support when you need it

Mental Health & Wellness

Student Assistance Program

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details, see [alumo.ca](#).

Travel Plan

Travel
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Save more, spend less!

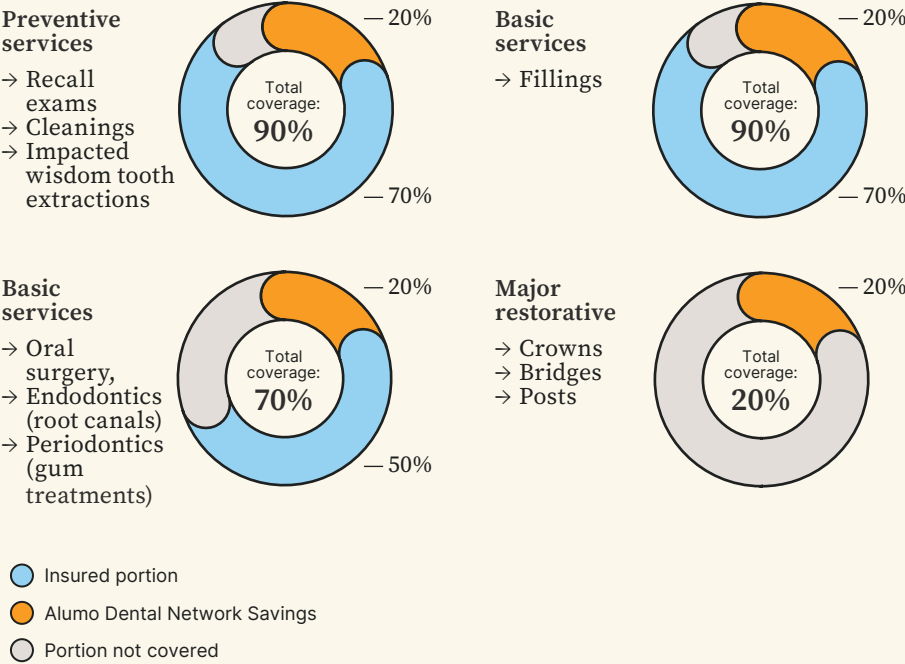
See an Alumo Network professional to get extra discounts on health services.

Dental Plan

Dental
Up to \$600



- Recall exams
- Fillings
- Cleanings
- Root canals
- and more!



Change-of-Coverage & Opt-Out Periods

Fall Term:
August 29 – September 16, 2026

Winter Term
(new students only):
January 2–19, 2027

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period, you can change your coverage, add coverage for your family, or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to opt themselves into the Plan. See [alumo.ca](#) for instructions.

Plan fees

Health & Dental Plan combined annual fee
\$483.18



Fall 2026 \$161.06	Combined fee (September-December)	Winter 2027 (for students only) \$322.12	Combined fee (January-August)
Health Plan: \$112.70 Dental Plan: \$48.36		Health Plan: \$225.39 Dental Plan: \$96.73	

Family add-on

You can add coverage for your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [alumo.ca](#) for instructions.

	\$483.18 Add one dependant for full-year coverage*		\$966.36 Add unlimited dependants for full-year coverage*
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*Family add-on fees for coverage from January 1 – August 31, 2026 for new Winter Term students are available online.