

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Total Coverage: 100%

Save More with Network Members**

Rexall

up to 100%*
on your out-of-pocket prescription drug costs (max \$40)

25% off
regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program*

Specsavers

\$70 eye exams
including OCT Scan

10% off
contact lenses

Select range of eyeglass models from only \$69

Vancouver Studentcare Vision Network

\$75 off
select prescription eyeglass models

\$70
eye exams

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

LASIK MD VISION

\$550 off
on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

and more!
Dentists, physiotherapists, and chiropractors

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the LSU Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Most full-time and part-time students registered for the Fall or Spring Semester who are LSU members are eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Policy/Group Numbers

Health, vision, and dental: 2953
(Pacific Blue Cross)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

LSU/BRO/09-25

Studentcare is becoming

ALUMO



2025–2026

LSU Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Policy/Group Numbers

Health, vision, and dental: 2953 (Pacific Blue Cross)

Travel: 97180 (Securian Canada)



For complete details on coverage, eligibility, and group/policy numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision
Up to \$300



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Plus: more services designed to support students

Mental Health & Wellness



Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Virtual Health Care



HI

Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca.

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



Dental Plan

Dental
Up to \$750

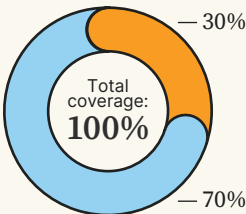


- Checkups
- Fillings
- Cleanings

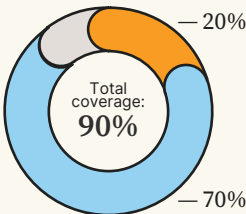
- Root canals
- and more!

Preventive Services

- Recall exams
- Cleanings

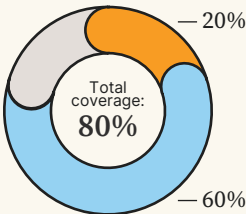


Impacted Wisdom Tooth Extractions



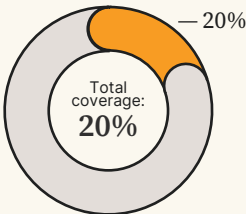
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Price

Health & Dental Plan
Combined
Annual Fee
\$379.50

Health Plan
Annual Fee
\$172.70



Dental Plan
Annual Fee
\$206.80



Spring 2026
\$253.00

Combined
Fee
(January-August)

Health Plan: \$115.13
Dental Plan: \$137.87

Change-of-Coverage Periods

Fall Semester:
Sept. 2 – 23, 2025

Spring Semester
(new students only):
Jan. 5 – 22, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period, you can change your coverage, enrol your family, or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$569.25
Add one dependant
for full-year
coverage*



\$948.75
Add unlimited
dependants for
full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 for new Spring Semester students are available online.