

# Exclusive Savings from Studentcare Network Partners\*

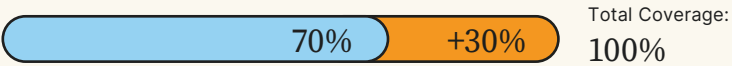
Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner.



## Save More with Network Members\*\*

Rexall

up to 100% off on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

10% off contact lenses

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

LASIK MD VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYVITALITY

Preferred rates on 50-minute adult therapy or coaching sessions

and more!  
Dentists, physiotherapists, massage therapists, chiropractors, and naturopaths

\* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the CUSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Carleton undergraduate students who are taking at least 2 credits in the Fall Term are automatically covered by the Plan.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

Desjardins Insurance

Life • Health • Retirement

Desjardins Insurance  
PO Box 3950  
Levis, Quebec G6V 8C6  
1-866-647-5013  
Health, vision, and dental benefits are insured by Desjardins Insurance.  
Group Number: Q1107  
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.

Securian CANADA

Securian Canada  
1400-25 Sheppard Avenue West  
Toronto, Ontario M2N 6S6  
1-888-852-2419 or 1-514-904-4730  
for travel claims  
Group Number (travel): 97180  
  
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

## Submit Claims Quickly and Easily

Register on the **Omni™** mobile app or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.

Omni

Download the app

Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by Studentcare.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.

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This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. Bringing paper products full circle with sustainable innovation.

CUSA/BO/09-25

Studentcare is becoming

# ALUMO

2025–2026

# CUSA Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

## Group Numbers

Health, vision, and dental:  
**Q1107** (Desjardins Insurance)

Travel:  
**97180** (Securian Canada)

For complete details on coverage, eligibility, and group numbers, visit [www.studentcare.ca](http://www.studentcare.ca).

Health Plan

Health  
Over \$5,000

- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- and more!

Vision  
Up to \$150

- Eye exam, eyeglasses, and contact lenses

Scan for a  
summary of  
benefits

Travel Plan

Care Abroad  
Up to \$5,000,000

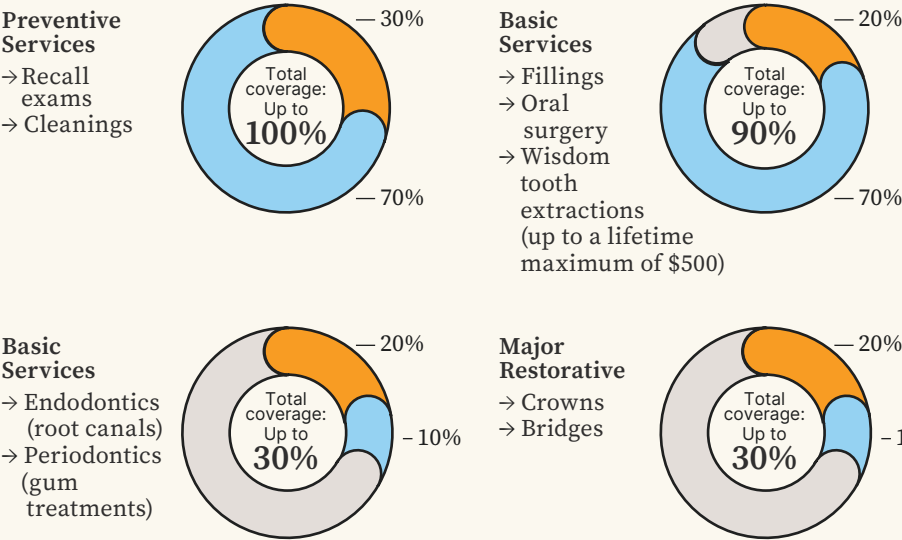
120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Dental Plan

Dental  
Up to \$600

→ Checkups  
→ Fillings  
→ Cleanings

→ Root canals  
→ and more!



Insured Portion   Studentcare Dental Network Savings   Portion Not Covered

Price

Health & Dental Plan Combined \$245.34	Health Plan Annual Fee \$150.60	
	Dental Plan Annual Fee \$94.74	

Change-of-Coverage Periods

<b>Fall term:</b> Sept. 5 - Oct. 3, 2025	If you're automatically covered, <b>the Plan fee is included in your tuition and other fees.</b>
<b>Winter term</b> (new students only): Jan. 5 - Feb. 2, 2026	During the applicable period, you can opt out of the Plan if you have proof of other coverage, change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See <a href="http://www.studentcare.ca">www.studentcare.ca</a> for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

\$370.00  
Add one dependant for full-year coverage\*

\$580.00  
Add unlimited dependants for full-year coverage\*

\* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term students) are available online.