

Exclusive Savings from Studentcare Network Partners

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

80% + 20% Total Coverage: 100%

Save More with Network Members

Rexall™

New & Improved!

Coverage of up to 100%*

on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program*

*Certain conditions apply.

LASIK MD
VISION

\$400 off Custom LASIK*
(\$200 off per eye)

\$100 off Standard LASIK*
(\$50 off per eye)

*Certain conditions apply.

and more!

Dentists, physiotherapists, massage therapists, and chiropractors

MY STUDENT WELLBEING

50-minute virtual therapy sessions for **no more than \$130**

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the UMSU Enhanced Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 6 credit hours in the Fall Term
- New Winter Term undergraduate students who are UMSU members (i.e. students registered in at least one on-campus course) and registered for at least 9 credit hours in the Winter Term
- Full-time graduate students who are UMGSA members

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: 7654

(carrier: Manitoba Blue Cross)

Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Questions? Contact Us

Scan for Plan details



Submit claims quickly and easily

Register to submit claims online through Manitoba Blue Cross's **mybluecross® web portal or mobile app**. See www.mb.bluecross.ca and download the app from the App Store or Google Play.



Note: To use the app, you must register on the web portal first.

Care Office

Room 102C
UMSU University Centre
65 Chancellors Circle
Winnipeg, Manitoba
R3T 2N2



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.



2024-2025

Your UMSU Enhanced Care Student Health & Dental Plan

Group Numbers

Health, vision, and dental: 7654
(Manitoba Blue Cross)

Travel: 97180
(Securian Canada)

 **STUDENTCARE**

Make the most out of it

STUDENTCARE_BRO_UMSU_09-24

Providing Quality Coverage

Health Plan

 **Health
Over \$10,000**

Prescription drugs
Vaccinations
Psychologists
Physiotherapists

Chiropractors
Ambulance
and more!

 **Vision
Over**  **\$150+**  **\$250+**

Eye exam
Eyeglasses and contact lenses

Travel Plan

 **Care Abroad
Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a
summary of
benefits



Plus: more services designed to support students

Mental Health & Wellness

Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7



For eligibility details, see www.studentcare.ca.

Legal Care Program

The Essentials

For eligible undergraduate students only:

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Full-Year Fee: **\$28.00**
Winter 2025 Fee: **\$18.67**



Dental Plan

 **Dental
Up to**  **\$500**  **\$750**
(maximum per policy year)

Checkups
Fillings
Polishing

Root canals
and more!

 Insured Portion  Studentcare Dental Network Savings

Preventive Services

- Recall exams
- Polishing

Restorative Services

- Fillings, extractions
- Oral surgery (note: not all surgeries are eligible)
- Periodontics (gum treatments)
- Bridge repairs
- Re-centering of bridges and crowns
- Scaling

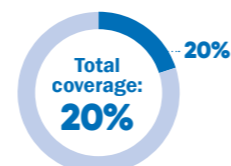
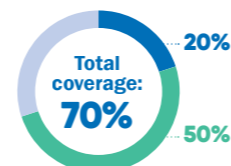
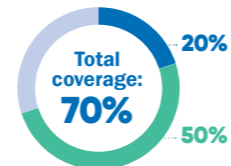
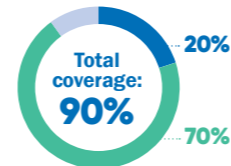
Endodontics

- Root canal

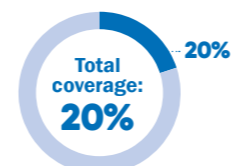
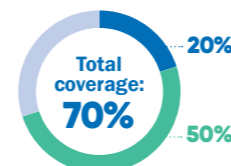
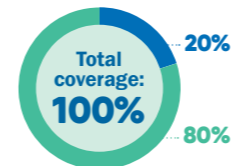
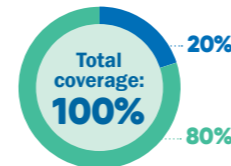
Major Restorative

- Crowns
- Bridges
- Posts

Basic Care Plan



Enhanced Care Plan



Obtaining preauthorization is recommended for dental work expected to cost \$500 or more. See www.studentcare.ca for details.

At a Great Price

Check it out!

Enhanced Care
Annual Plan Fee
(Sept. – Aug.)
\$365.00
Health: **\$195.00**
Dental: **\$170.00**

Enhanced Care
Winter 2025 Plan Fee
(Jan. – Aug.)
\$243.33
Health: **\$130.00**
Dental: **\$113.33**

Looking for a different level of coverage?

Try the Basic Care Plan for \$265.00 or mix and match portions of the Enhanced Care and Basic Care Plans. See www.studentcare.ca for details.

Change-of-Coverage Periods



Fall Term:
Aug. 30 – Sept. 25, 2024

Winter Term (new students only):
Dec. 27, 2024 – Jan. 23, 2025

If you're eligible, the fees for the Plan (undergraduate and graduate students) and the Legal Care Program (undergraduate students only) are automatically included in your tuition and other fees.

During the applicable period above, you can opt out of these services (you must have proof of other coverage to opt out of the Plan) or change your Plan coverage. See www.studentcare.ca for instructions.

Note for graduate students: University of Manitoba Graduate Students' Association (UMGSA) members have a separate website for changing their Plan coverage. They should visit www.studentcare.ca and select **UMGSA** rather than **UMSU** in the student association search bar.

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) in the Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add unlimited dependants for
\$547.50
for full-year coverage

Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2025 for new Winter Term students are available online.