

## Exclusive Savings from Studentcare Network Partners

### Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

### Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

80%

+ 20%

Total Coverage: 100%

## Save More with Network Members

**LASIK MD**  
VISION

### \$100 off Standard LASIK\*

(\$50 off per eye)

### \$200 off Custom LASIK\*

(\$100 off per eye)

\*Certain conditions apply.

\* } PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

## An Essential Service on Campus

As an eligible student, you're automatically covered by one of the most important services on campus, the COTRSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Full-time students (registered for 9 or more credits) in the Fall Semester in on-campus or alternative delivery programs lasting at least 9 weeks, including eligible international students
- Most English Language Program (ELP) students taking 2 or more courses in the Fall Semester

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Policy/Group Numbers

**Health, vision, and dental: 76605**

(insured by Pacific Blue Cross)

**Travel: 97180**

(Canadian Premier Life Insurance Company, which operates under the brand name Securian Canada, is the underwriter of this product.)

## Questions? Contact Us

[www.studentcare.ca](http://www.studentcare.ca)



Scan the QR code for more details on your Plan.

### Submit claims quickly and easily on the go

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the **App Store** or **Google Play**, or sign up at <https://service.pac.bluecross.ca/member/login>.



### OUR ENVIRONMENTAL COMMITMENT ON PAPER

This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.



Make the most out of it

2023-2024

## Your COTRSA Student Health & Dental Plan

### Policy/Group Numbers

**Health, vision, and dental: 76605**

(Pacific Blue Cross)

**Travel: 97180**

(Securian Canada)

STUDENTCARE\_BRO\_COTRSA\_09-23

## Providing Quality Coverage

### Health Plan

 **Health**  
**Over \$10,000**

Prescription drugs  
Vaccinations  
Psychologists  
Physiotherapists

Chiropractors  
Ambulance  
and more!

 **Vision**  
**Up to \$300**

Eye exam  
Eyeglasses and contact lenses  
Laser eye surgery

### Travel Plan

 **Care Abroad**  
**Up to \$5,000,000**

120 days per trip, up to \$5,000,000 per lifetime (includes eligible COVID-19 medical expenses), trip cancellation and trip interruption in the event of a medical emergency or an eligible Travel Advisory

For a complete description of your coverage, visit [www.studentcare.ca](http://www.studentcare.ca).



**What are you waiting for?  
Make the most out of it!**

### Dental Plan

 **Dental**  
**Up to \$750**

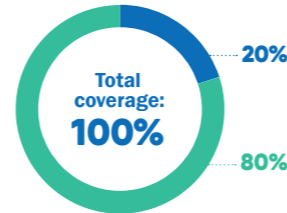
Checkups  
Fillings  
Cleanings

Root canals  
and more!

 Insured Portion  Studentcare Dental Network Savings

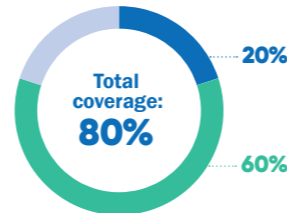
#### Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom tooth extractions



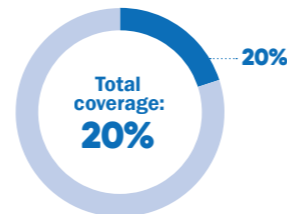
#### Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



#### Major Restorative

- Crowns
- Bridges
- Posts



## At a Great Price

### Check it out!

**Health & Dental Plan Combined**  
Annual Fee  
(Sept – Aug.)  
**\$229.50**

## Change-of-Coverage Periods

 **Fall Semester:**  
Aug. 30 – Sept. 27, 2023

**Winter Semester**  
(enrolments for new students only):  
Jan. 8 – 29, 2024

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period above, you can opt out of the Plan if you have proof of other coverage or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

## Introduce me to your family

### Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

 Add one dependant for  
**\$459.00**  
for full-year coverage\*

 Add unlimited dependants for  
**\$688.50**  
for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 for new Winter Semester students are available online.

## Plus: more services designed to support students

Mental Health & Wellness

### Empower Me

Powered by **Dialogue**

A student assistance program providing mental health and wellness services 24/7

For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).

Virtual Health Care

### HI

Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada