As an eligible international student, you’re automatically covered by and billed for applicable portions of the student Plan. Note that Plan benefits are only accessible within Canada, while other services remain available abroad*. Be sure to read this FAQ to review your options, and see www.studentcare.ca for complete details on your Plan’s benefits and services.

**Are you an international student living abroad?**

- **YES**
  - **Are you planning to come to Canada for the 2020–21 academic year?**
    - **YES**
    - If you’ll be in Canada between Sept. 1, 2020 – Aug. 31, 2021, discover what your Plan has to offer. If you have equivalent coverage, you can also combine your student Plan coverage with your other benefits, or opt out at www.studentcare.ca during the regular Change-of-Coverage Period.
    - Note that you must provide proof of equivalent coverage to complete your opt out.
    - To make the opt-out process easier this year, the criteria for what constitutes acceptable proof of coverage has been expanded for international students to include an email confirmation that you would have received when you opted out of UHIP, with the subject line “Fall 2020 UHIP Decline-Approved”.
  - **NO**
    - If you’re completely certain that you won’t be in Canada at all between Sept. 1, 2020 – Aug. 31, 2021 and therefore won’t be able to use your Plan coverage, you can opt out at www.studentcare.ca during the regular Change-of-Coverage Period and receive reimbursement for the Plan.
    - Note that you must provide proof of equivalent coverage to complete your opt out.
    - To make the opt-out process easier this year, the criteria for what constitutes acceptable proof of coverage has been expanded for international students to include an email confirmation that you would have received when you opted out of UHIP, with the subject line “Fall 2020 UHIP Decline-Approved”.
  - **UNSURE**
    - If you’re not completely certain whether or not you’ll be in Canada between Sept. 1, 2020 – Aug. 31, 2021, a special Change-of-Coverage Period will be available between July 5 – 19, 2021 for international students who:
      1. Were unable to come to Canada for the 2020-21 academic year
      2. Did not opt out during the regular Change-of-Coverage Period
      3. Did not submit any claims for Plan benefits between Sept. 1, 2020 and July 4, 2021
    - With this option, you can ensure that:
      - If it turns out that you’re unable to come to Canada at all during the year, you’ll be able to opt out later and receive full reimbursement for the Plan.
      - If you do come to Canada at a later time, you’ll have coverage.
    - Note that you must provide proof of equivalent coverage to complete your opt out.
    - To make the opt-out process easier this year, the criteria for what constitutes acceptable proof of coverage has been expanded for international students to include an email confirmation that you would have received when you opted out of UHIP, with the subject line “Fall 2020 UHIP Decline-Approved”.

**Health and dental care can be very expensive.**

If you complete an opt out during the regular Change-of-Coverage Period and then come to Canada later during the 2020-21 academic year, you won’t have access to the Plan’s coverage. Please consider your choice carefully.

*Please note that certain limitations may apply.*