

All you need to know about coverage changes

What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall Semester (enrolments and opt outs):
Sept. 3 – 24, 2021

Spring Semester (enrolments for new students only):
Jan. 3 – 31, 2022

Family enrolments

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

+1 Add one dependant for
\$366.60
for full-year coverage*

∞ Add unlimited dependants for
\$611.00
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 for new Spring Semester students are available online.

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety.
2. Upload proof of your alternative health and/or dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Receive a refund for the amount of the Plan shortly after the Change-of-Coverage Period.

How do I claim?

Claiming made simple

- Instructions and claim forms are available at www.studentcare.ca.
- You can register online on your insurer's website to check your claim's status and to set up direct deposit.
- Download your Pay-Direct Card for immediate processing of prescription drug claims.

Save more money!

- **Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of the health-care practitioner you choose.
- **Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Exclusive savings from Network Partners

Specsavers
Only \$69
for select prescription eyeglass models (frames and lenses)
\$50
eye exams

LASIK MD
\$50 off
per eye on Standard LASIK*
\$100 off
per eye on Custom LASIK*
*Certain conditions apply.

PSYVITALITĪ
Preferred rates on 50-minute adult therapy or coaching sessions

Rexall
Savings of up to 100% (max \$40) on your out-of-pocket costs*
20% off select regularly priced Rexall brand non-prescription products*
*Certain conditions apply.

and more!
Dentists, physiotherapists, and chiropractors

QUESTIONS?
WWW.STUDENTCARE.CA

Vancouver Studentcare Vision Network
\$75 off
select prescription eyeglass models
\$60
eye exams

clearly
With coupon code **STUDENT21**:
10% off
contact lenses
25% off
eyeglass frames (excluding certain brands)*
*Certain conditions apply.

VIRTUAL HEALTH CARE
Students and their eligible dependants covered by the LSU Health and/or Dental Plan can connect with nurses and physicians via a mobile or web app from anywhere in Canada.
Find out more at www.dialogue.co/signup-studentcare
Provided by Dialogue

WELL-BEING RESOURCES: EMPOWER ME
A confidential support service available 24/7 to students covered by the LSU Health Plan.
Visit www.studentcare.ca for more info. **1-833-628-5589**
Powered by Optima Global Health

LIVE CHAT AND WEB REQUEST FORM AVAILABLE



Langara Students' Union
Advocating For Students' Rights Since 1969



2021-2022

Your LSU Student Health & Dental Plan

Enjoy it while it lasts

Policy/Group Numbers

Health, vision, and dental: **2953** (Pacific Blue Cross)
Travel: **97180** (Blue Cross)

All you need to know about your Plan

What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your students' union, the LSU, and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

Students automatically covered by the LSU Health & Dental Plan:

Most full-time and part-time students registered in the Fall Semester who are LSU members

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Some students, such as sponsored students, may be eligible to enrol themselves in the Plan. Find out more at www.studentcare.ca.

How much does it cost?



If you're eligible, the Plan fee for coverage from Sept. 1 – Aug. 31 will be automatically included in your tuition and other fees. New students who enrol themselves in the Spring Semester pay other fees for coverage until Aug. 31. Find more details online.

What are my Policy/Group Numbers?

Health, vision, and dental: **2953** (insured by Pacific Blue Cross)

Travel: **97180** (administered by Blue Cross Life Insurance Company of Canada)

Health & Dental Plan benefits

Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs*	90%	∞
Vaccinations	90%	\$150
Psychologist	100%	\$500
Massage Therapist Requires a referral from an MD	\$50	\$400
Chiropractor Includes one x-ray per policy year	\$50	\$400
Physiotherapist	\$50	\$400
Naturopath	\$50	\$400
Osteopath Includes one x-ray per policy year	\$50	\$400
Podiatrist/Chiropodist Includes one x-ray per policy year	\$50	\$400
Speech Therapist	\$50	\$400
Athletic Therapist	\$50	\$400
Registered Dietitian Requires a referral from an MD	\$50	\$400

PLUS: Diagnostic services, home nurse, tutorial benefit, ambulance, medical equipment, and more

*Plan members covered by BC MSP must register for BC Fair PharmaCare, a provincial drug program, to maximize overall drug coverage and ensure their claims won't be interrupted once they reach the student Plan drug claims threshold. Find instructions and your threshold amount at www.studentcare.ca.

Vision Up to \$300

	Amount Covered	Eligible Every
Eye Exam	\$50	24 months
Eyeglasses and Contact Lenses	\$100	24 months
Laser Eye Surgery	\$150	12 months

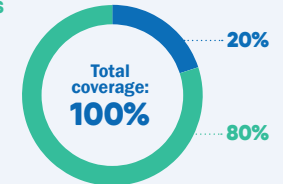
Check online for updates related to COVID-19.

Dental Up to \$750

● Insured portion ● Studentcare Dental Network savings

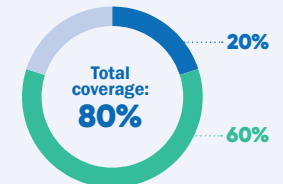
Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom teeth extractions



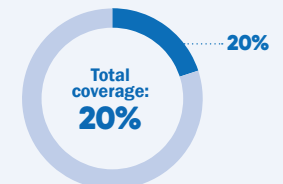
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	120 days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

QUESTIONS?
WWW.STUDENTCARE.CA

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WEB REQUEST FORM
AVAILABLE