All you need to know about coverage changes

What if I’m already covered?

Reasons to stick with your student Plan:

• Your parent’s insurance plan could stop covering you completely if you’re a student over 21.
• You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall Term (enrolments and opt outs): Sept. 7 – 28, 2021
Winter Term (enrolments and opt outs for new students only): Jan. 5 – 25, 2022
Spring Term (enrolments and opt outs for new students and co-op students who weren’t on academic term in fall 2021 or winter 2022): May 2 – 20, 2022

Family enrolments (Health & Dental Plan)

You can enrol your family (spouse and/or dependent children) in the Health and/or Dental Plan each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

Add unlimited dependants to your Plan

Eligibility details, coverage periods, and family enrolment fees are available online.

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety, and/or the Legal Protection Program.
2. If you’re opting out of the health portion of the Plan, upload proof of your alternative health coverage (such as a copy of your benefits card or a letter from your parent’s or spouse’s employer). Provincial health care is not considered acceptable alternative coverage.
3. If you’re opting out of the dental portion of the Plan or the Legal Protection Program, you don’t need to provide proof of alternative coverage.
4. Receive a credit to your student account shortly after the Change-of-Coverage Period.

The ease of claiming at your fingertips

Search Studentcare mobile on the App Store or Google Play, and use the app to:

• Submit your claims quickly and securely on your smartphone
• Access your Pay-Direct Card for immediate processing of prescription drug claims

Once you’ve had a claim processed, you can also register online on your insurer’s website to check your claim’s status and to set up direct deposit.

Save more money!

Your Plan Coverage

You’re covered for the insured portion of your Plan regardless of the licensed health-care practitioner you choose.

Example of a claim made using a Studentcare Dental Network practitioner:

| 70% | 30% | Total coverage: 100% |

Exclusive savings from Network Partners

<table>
<thead>
<tr>
<th>Network Partner</th>
<th>Saving Details</th>
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<tbody>
<tr>
<td>LASIK MD</td>
<td>$50 off per eye on Standard LASIK*</td>
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<td>$100 off per eye on Custom LASIK*</td>
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*Certain conditions apply.

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

Rexall

10% off prescription drugs (max $40)*
20% off select regularly priced Rexall brand non-prescription products*

*Certain conditions apply.

and more!

Dentists, physiotherapists, massage therapists, naturopaths, and chiropractors

Virtual Health Care

Undergraduate students covered by the Health Plan can connect with nurses and physicians via a mobile or web app from anywhere in Canada. Find out more at www.dialogue.ca/signup-studentcare

Well-Being Resources: Empower Me

A confidential support service available 24/7 to eligible undergraduate and graduate students at the University of Waterloo. Visit www.studentcare.ca for more info. 1-833-628-5589

Questions?
WWW.STUDENTCARE.CA

2021-2022

Your WUSA/GSA Student Health & Dental Plan

Make the most out of it

Group Numbers (Sun Life)
Health, vision, and travel: 83307
Dental: 50149

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What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided for undergraduate students by the Waterloo Undergraduate Student Association (WUSA)—previously known as the Federation of Students (Feds)—and for graduate students by the GSA, and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

Students automatically covered by the WUSA/GSA Health & Dental Plan:

- Full-time and part-time undergraduate students, including eligible international students
- Co-op students currently on an officially recognized co-op work term
- Students who come to Waterloo on exchange
- Certain exceptions exist. Please check your student account to confirm if you’re automatically covered by the Plan.

Some students may be eligible to enrol themselves in the Plan.

Please note: COVID-19 restrictions may impact Plan eligibility and billing procedures. See www.studentcare.ca for updates and further details.

How much does it cost?

The cost of the Plan and the Legal Protection Program is part of your student association-administered fees. You’re responsible for verifying if you’re automatically covered by the Plan and if you have access to the Program by checking your tuition statement.

Please note that different categories of students are billed differently and have different coverage/access periods during the year.

Visit www.studentcare.ca for more information on fees.

What are my Group Numbers?

Health, vision, and travel: 83307 (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Dental: 50149 (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Legal Protection Program*

A toll-free legal assistance helpline for all legal questions: 1-833-202-4571

Plus, a lawyer will take charge of proceedings related to the following areas of law:

- Housing
- Employment
- Academic

* Available to full-time and part-time Waterloo students. The Legal Protection Program is offered by Studentcare through a partner law firm.

WEB REQUEST FORM

LIVE CHAT AND WEB REQUEST FORM AVAILABLE

Check online for updates related to COVID-19.